

WHAT HAPPENS WHEN I SEE THE OPTOMETRIST?

The optometrist will discuss your recent eye history, any symptoms you may be experiencing and any related medical history. As a result of the consultation you may be given appropriate treatment by the optometrists, referred to your GP if the condition is related to your general health, or referred directly to the hospital eye service if your eye condition is more serious.

Following your appointment the optometrist will notify your GP about the outcome of your consultation in order to ensure your medical records are updated. Please note, information about you will be collected such as ethnic origin, age and type of eye problem. You cannot be identified by this data. The data will only be used for clinical review, commissioning and research purposes. Should you wish to opt out please discuss this with your optometrist.

Although you can access the Minor Eye Conditions Scheme without a referral, if your doctor has recommended that you visit an Optometrist they may wish to enter in some information below.

FOR REFERRER USE ONLY

Patient Name: _____ D.O.B: _____

Reason for Referral: _____

Have you previously administered any treatment for this condition?

Yes No

If yes, please give details - _____

Referrer Name: _____

GP Practice name and address: _____

Patient NHS Number: _____ Date: _____

MINOR EYE CONDITIONS SCHEME

A SERVICE AT YOUR LOCAL OPTICIANS
PROVIDES FREE ASSESSMENT FOR MANY COMMON EYE CONDITIONS



ABOUT THE SCHEME

The Minor Eye Conditions Scheme allows patients across Southwark, Lambeth and Lewisham to access NHS treatment for a range of medical eye conditions. Instead of having to visit hospital for treatment, patients can now be seen by a highly trained optometrist based in a local optician's practice. The aim of the scheme is to allow patients to access treatment quickly, near to where they live.

This service offers clinical assessment and treatment for medical eye conditions only – it does not provide a standard eye examination or prescription for glasses.

Appointments are often available within two days and many of the practices offer appointments at weekends. All of the opticians listed on the next page are able to see and treat patients for a range of conditions such as:

- Red eye
- Sticky eye (difficulty opening your eye or yellow discharge)
- Watery eye (excessive tears)
- Pain or discomfort in or around the eyes
- Recent onset or sudden increase of flashes of light or floating objects in your vision

If you are unsure whether your eye problem requires medical attention, please call one of the practices on the next page who will be happy to advise you.

Please note if you are suffering from significant pain, a sudden loss of vision in one or both eyes, chemical burns or a penetrating injury then you should go directly to the Eye Casualty department at St Thomas' Hospital or your nearest A&E.

WHERE CAN I BE SEEN?

Below is a list of all participating optometrists in Southwark:

Area	Practice	Address	Telephone
South Bermondsey	Provision Opticians	204 Southwark Park Rd SE16 3RW	020 7237 8246
Walworth	Special Vision Centre	346 East Street SE17 2SX	020 7701 3738
Walworth	Specsavers	226 Walworth Road SE17 1JE	020 7277 3200
Peckham	Specsavers	Unit 3, The Aylesham Centre, SE15 5EW	020 7277 7222
East Dulwich	R Woodfall Opticians	46 Lordship Lane SE22 8HJ	020 8299 6622

- 1. Contact your preferred optometrist for an appointment. MECS is not a walk-in service, but most patients will receive an appointment within 2 days. If this is not possible information on an alternative appointment or optician will be provided.**
- 2. Bring your glasses / contact lenses and contact lens case, and a list of any medications you are taking with you to your appointment.**
- 3. If you are not able to attend, please contact the optometrist to cancel or reschedule your appointment.**

You can also be seen by optometrists in Lambeth and Lewisham. For more information, or for an up to date list of participating optometrists please visit: www.islloc.org then click on Minor Eye Conditions Service for the interactive map of participating optometrists.